

Passionate Investing

“The truth is that as the struggle for survival has subsided, the question has emerged: survival for what? Ever more, people today have the means to live but no meaning to live for.”

These immortal questions posed by the venerable Viktor E. Frankl were at the heart of engaging session held by Per Molin of Quesada and Björn Larsson of The ForeSight Group. Molin and Larsson led an intimate session of reflection on why we work on that which we choose to pursue.

The pair began by outlining a framework of different lives: a “nice life” whereby financial stability is achieved; a “good life” whereby flow states are achieved through using one’s own signature strengths; and a “meaningful life” which entails putting one’s own signature strengths towards that which one is passionate about to serve others.

They then posed the question, “when most recently did you experience living a meaningful life?”, and asked the attendees to pair up and discuss. After lengthy, earnest sharing in pairs, individuals offered their own experiences to the rest of the group. As no individual is alike, so too is each individuals’ moment of meaningfulness. One participant found meaning in the charity work he does, another in play-wrestling his son, and yet another on her pilgrimage to Mecca.

After this heartfelt sharing, the duo then introduced six pillars by which to engage in what matters: being in loving relationships, doing something meaning-filled, belonging to community, learning something new, serving others, and feeling connected to nature. They then invited the group to ask themselves “Where are you? What is strong, and what needs to be developed?” in relation to the six pillars.

After another round of self-reflection and sharing in pairs, Molin and Larsson left the group with these words to walk away with: “At the end of the day we are all humans. We are connected by emotions, what we believe in, what we love, and what we care about. Then comes everything else.”

Guest Blog Post by Andrew G. Wong about the workshop “Passionate Investing” at the TBLI CONFERENCE NORDIC 2016 in Stockholm. Per Molin - CEO of Quesada and Björn Larsson - CEO of The ForeSight Group ran the interactive session.

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